

Sunday, August 01, 2021

At 10:00 a.m.

# Worship Booklet

Pentecost 10

A Liturgy of the Word

*Please join our  
Livestream on  
Zoom.*



**ASCENSION**

## **Links for Sunday Mornings**

Join our livestream at 10am on Zoom:

<https://zoom.us/j/301177504?pwd=Q3RaZCtIQ3V0OSsreUpFRDV4RDZXUT09>

**Meeting ID:** 301 177 504 **Password:**  
089370 (Phone in: 1-587-328-1099).

Facebook users can stream an edited version of the service at

[www.facebook.com/ascensionottawa](http://www.facebook.com/ascensionottawa)

Service booklets are available at

[www.churchoftheascension.ca/booklets](http://www.churchoftheascension.ca/booklets)

**Donations:** Contribute via e-transfer to [treasurer@churchoftheascension.ca](mailto:treasurer@churchoftheascension.ca), or through the website [canadahelps.org](http://canadahelps.org).

## **Land Acknowledgement**

*Ascension gathers on the unceded territory of the Algonquin Anishnaabeg people.*

## **Opening | Here In This Place**

Here in this place new light is streaming;  
Now is the darkness vanished away.  
See in this space our fears and our  
dreamings,  
Brought here to you in the light of this day.

*Gather us in the lost and forsaken;  
Gather us in the blind and the lame;  
Call to us now, and we shall awaken;  
We shall arise at the sound of our name.*

We are young our lives are a mystery;  
We are the old who yearn for your face.  
We have been sung through-out all of  
history,  
Called to be light to the whole human race.

*Gather us in the right and the haughty;  
Gather us in the proud and the strong;*

*Give us a heart so meek and so lowly;  
Give us the courage to enter the song.*

Not in the dark of buildings confining,  
Not in some heaven, light years away,  
But here in this place the new light is  
shining;  
Now is the kingdom, now is the day.

*Gather us in and hold us forever;  
Gather us in and make us your own;  
Gather us in all people together,  
Fire of love in our flesh and our bone.*

## **Opening Prayers**

God is with us

**O come, let us worship!**

Although we have come together in digital  
space, we each stand in place on solid

ground that is the ancestral territory of Indigenous peoples. I live in the City of Ottawa which is located on the unceded territory of the Algonquin Anishinaabeg people. On whose territory do you live?

*Silence*

Let us pray,

Loving God,  
**help us to live respectfully on these lands, seeking justice and peace. Help us to pray to you in faith, to sing to you with gratitude, and to listen to your word with eagerness; so that we might follow Christ our Lord. Amen.**

## **Rite of Repentance**

The Spirit of God fills the world and all God's people, working for the healing and

restoration of creation. Let us then open ourselves to God and confess our sins in penitence and faith.

*Silence*

Most merciful God;  
**in your compassion, forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit that we may live and serve you in newness of life, to the honour and glory of your name; through Jesus Christ our Lord.**

**Amen.**

Thanks be to God who forgives us and sets us free, heals and strengthens us by Holy Spirit, and raises us to new life in Christ.

**Amen.**

## **Gloria**

Glory to God, glory to God, glory in the highest!

Glory to God, glory to God, alleluia, alleluia!

*Repeat*

## **Collect of the Day**

God of Moses, who rained down bread on Israel's wandering people: lead us to the food that never leaves us craving, but fills our whole humanity with life enough for all; through Jesus Christ, the true bread of heaven. **Amen.**

## **First Reading | Exodus 16:2-4, 9-15**

*A Reading from ...*

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them,

“If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.”

Then the Lord said to Moses, “I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not. **Amen.**

Hear what the Spirit is saying to the churches

**Thanks be to God**

**Psalm | 78:23-29**

So God commanded the clouds above and opened the doors of heaven,

**raining down manna upon them to eat  
and giving them grain from heaven.**

So mortals ate the bread of angels;  
God provided for them food enough.  
**The Lord caused the east wind to blow in  
the heavens and powerfully led out the  
south wind,**

raining down flesh upon them like dust  
and winged birds like the sand of the sea,  
**letting it fall in the midst of their camp  
and round about their dwellings.**

So they ate and were well filled,  
for God gave them what they craved.

### **Gospel Acclamation**

**Alleluia! Alleluia! Alleluia! Alleluia!**

*Repeat*

## **Gospel Reading | John 6:24-35**

God is here

**The Spirit is with us**

The Gospel of our Lord Jesus Christ  
according to ...

**Glory to you, Lord Jesus Christ!**

When the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give

you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life. Whoever comes to me will

never be hungry, and whoever believes in me will never be thirsty.”

The Gospel of Christ

**Praise to you, Lord Jesus Christ!**

**Sermon | Ann**

**Post Sermon | Guide Me Oh My Great Redeemer**

Guide me, O my great Redeemer,  
pilgrim through this barren land;  
I am weak, but you are mighty,  
hold me with your powerful hand:  
Bread of heaven, bread of heaven,  
feed me till I want no more,  
feed me till I want no more.

Open now the crystal fountain  
where the healing waters flow;

let the fire and cloudy pillar  
lead me all my journey through.  
Strong deliverer, strong deliverer,  
ever be my strength and shield:  
ever be my strength and shield.

When I tread the verge of Jordan  
bid my anxious fears subside;  
Death of death, and hell's destruction,  
land me safe on Canaan's side:  
songs of praises, songs of praises,  
I will ever give to you:  
I will ever give to you.

### **Affirmation of Faith**

Together, let us affirm our faith as we say:  
**Hear, O my people the Lord our God, the  
Lord is one. Love the Lord your God with  
all your heart, with all your soul, with all  
your mind, and with all your strength.**

**This is the first and the great commandment. The second is like it: Love your neighbour as yourself. There is no commandment greater than these.**

## **Prayers of the People**

### **The Lord's Prayer**

Gathering our prayers and praises into one, let us pray as our Saviour taught us, **Our Mother, our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.**

## **Closing Prayers**

God's love has been poured into our hearts through the Holy Spirit that has been given to us. And so we join our voices and bodies in praise and thanksgiving:

Glory to God

**whose power working in us can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.**

Peace to you from God, the Source of all being. Peace from Jesus Christ who is our peace. Peace from the Holy Spirit who gives us life.

With hands on our hearts, we share this peace: The peace of the triune God be always with you.

## **Closing | Guide My Feet**

Guide my feet while I run this race,  
(yes, my Lord!)

Guide my feet while I run this race,  
(yes, my Lord!)

Guide my feet while I run this race,  
(yes, my Lord!)

For I don't want to run this race in vain!  
(race in vain!)

Hold my hand while I run this race,  
(yes, my Lord!)

Hold my hand while I run this race,  
(yes, my Lord!)

Hold my hand while I run this race,  
(yes, my Lord!)

For I don't want to run this race in vain!  
(race in vain!)

Stand by me while I run this race,  
(yes, my Lord!)

Stand by me while I run this race,  
(yes, my Lord!)

Stand by me while I run this race,  
(yes, my Lord!)

For I don't want to run this race in vain!  
(race in vain!)

## **Dismissal**

Go in peace to love and serve the Lord

**Thanks be to God**

## **Acknowledgements**

*This service is adapted from resources found in the Book of Alternative Services, published by the Anglican Church of Canada, and Times and Seasons, and New Patterns for Worship, published by the Church of England, Additional material is written by the Rev'd Rhonda Waters*

*Biblical texts are from the New Revised Standard Version*

*Hymns are shared under licenses held from CCLI and OneLicense*

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Regular services on Sunday and Thursday  
at 10:00 a.m.

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